



Powell Counseling  
Center, PLLC

Isaiah is a pre-licensed Masters-level social worker practicing in Knoxville, TN. While originally from Boston, MA, Isaiah grew up in various states across the East Coast and graduated from high school outside of Chattanooga, TN. Isaiah received his BSSW and MSSW from the University of Tennessee College of Social Work in 2021 and 2022 respectively. Isaiah is currently working towards licensure and eventually plans to achieve a clinical license.

Isaiah was originally interested in case management and has experience working as a case manager for the McNabb Center. Realizing that he had always had a specific passion for mental and emotional health, Isaiah received a masters degree and gained experience working in IOP behavioral health and DBT group therapy settings. Isaiah has been practicing individually since 2022 and looks forward to eventually offering group services again as well.

Isaiah is an eclectic therapist with an individual focus, meaning that he pulls from various therapeutic modalities in order to meet specific needs as identified by each client. Isaiah often employs CBT and DBT along with any other modalities or resources deemed necessary through collaborative problem-solving. Isaiah is an LGBTQIA+ affirming and antiracist therapist that believes that the inherent worth and dignity of each client is of the most importance.

Isaiah is open to working with clients of all ages, gender-expressions, and cultural backgrounds. While he has a specific interest in working to manage mood disorders, personality disorders, and those looking to adjust to new situations or improve their confidence/self-esteem, Isaiah is open to working with clients seeking help with any array of symptoms, problems, etc. Isaiah has personal experience managing anxiety, panic, and depressive disorders and particularly enjoys helping clients find effective ways to manage these disorders as they experience them.

Isaiah enjoys spending time with friends, watching TV shows and movies, listening to music, being active, and playing video games.