



Powell Counseling
Center, PLLC

I am a Licensed Clinical Social Worker from Knoxville, TN. I specialize in working with clients from the LGBTQIA community and work with individuals from varying backgrounds using a trauma-informed approach. I come from a non-judgmental, client-centered perspective and have years of experience working with adults, teens, and children in outpatient and inpatient settings. I am trained in Dialectical Behavioral Therapy, Cognitive Behavioral Therapy, Trauma-Focused Cognitive Behavioral Therapy, Family Systems Theory, Motivational Interviewing and many other approaches. I am in network with most commercial insurances, medicare and TNcare. If you are interested in scheduling a consult with me you can contact me at 865-773-7200 or forgeaheadcounseling@gmail.com